



# Deepdene

Challenging our pupils to  
become the best version of themselves

## New Menu for Hilary Term 2018

### WEEK 1 MENU

#### MONDAY

Turkey and cranberry pasta  
Bolognese.

Followed by strawberry mousse.

#### TUESDAY

Shepherd's pie served with  
seasonal vegetables.

Followed by fresh fruit salad.

#### WEDNESDAY

Mushroom and potato lentil roast  
served with runner beans.

Followed by chocolate and vanilla  
marble cake topped with pears.

#### THURSDAY

Salmon and vegetable Tikka  
masala served with mixed rice.

Followed by fruit yoghurt.

#### FRIDAY

Rosemary's Garden: Chicken and  
potato casserole with a selection  
of vegetables.

Followed by fruit jelly.

### WEEK 2 MENU

#### MONDAY

Mild chicken and mushroom chilli  
served with mixed rice.

Followed by fruit yoghurt.

#### TUESDAY

Cod pasta bake served with  
sweetcorn.

Followed by fruit berry crumble cake.

#### WEDNESDAY

Smoked ham, cauliflower and  
broccoli cheese served with mild  
curried rice.

Followed by fresh fruit.

#### THURSDAY

Minced pork, apple and vegetable  
casserole served with potato.

Followed by fruit salad.

#### FRIDAY

Macaroni cheese served with  
peas and carrots.

Followed by strawberry mousse.

### WEEK 1 MENU

#### MONDAY

Hungarian vegetarian goulash  
served with mash potato.

Followed by fresh fruit.

#### TUESDAY

Fruity cauliflower curry served with  
mixed rice.

Followed by plum and pear  
crumble.

#### WEDNESDAY

Tuna pasta bake served with  
vegetables.

Followed by fruit yoghurt.

#### THURSDAY

Chicken Da Vinci pasta served  
with carrots and broccoli.

Followed by fruit jelly topped with  
mandarins.

#### FRIDAY

Vegetable tikka masala served  
with mixed rice.

Followed by orange and courgette  
cake.

Vegetarians will be provided with a vegetarian version of the meal stated on the menu for that day.